

For further information

If you are interested in becoming a volunteer, or want to find out more, please contact the volunteering team on 0121 666 7023, or download an application form from our website; <http://www.sifafireside.co.uk/volunteering.php>

Make a difference and gain a real sense of achievement;

Volunteer today!



How to find us



**MAIN OFFICE
& DROP-IN CENTRE**
18-28 LOWER ESSEX ST
B5 6SN

**SECOND SITE:
CLOTHES & DONATIONS**
122 PERSHORE ST
B5 6PA

Main office:

Ground Floor
18-28 Lower Essex Street
Birmingham
B5 6SN

Tel: 0121 666 7023

Fax: 0121 622 7250

Email: office@sifafireside.co.uk

Website: www.sifafireside.co.uk

SIFA Fireside is a company Limited by Guarantee.
Registered in England No. 3094905
Charity No. 1049728



'Supporting independence from alcohol and tackling homelessness'



Volunteer with us!

SIFA Fireside works with those who are homeless, affected by alcohol or otherwise socially excluded to improve their physical, social and mental wellbeing

SIFA Fireside empowers and supports people to meet their short and long term goals



0121 666 7023

www.sifafireside.co.uk

About us

SIFA Fireside works alongside those who are socially excluded or disadvantaged, addressing alcohol issues and homelessness and empowering and supporting people to meet their short and long term goals.

We provide a holistic service from specialist alcohol support services to practical help and advice. We help our service users to improve their physical as well as their mental health and well-being, and also to learn new skills.

What is volunteering?

The official definition of volunteering is;

'A volunteer is an individual who gives some time, freely and by choice, without any financial gain or loss, for the benefit of others in the community, and the individual'

~ Volunteer England

Who can volunteer?

Anyone can volunteer. Everyone has something to offer including talents, life skills, time and commitment, which can be utilised within the organisation.



Volunteer **Chris** helps out with fundraising. He has run in a half marathon and in 2010 cycled from Birmingham to Spain. He has raised £1500 in sponsorship money.

Benefits of volunteering

Volunteering is a good way to engage with your community and help others. Volunteering can be the most rewarding of all jobs because not only does it enable you to learn new skills, add to your C.V and boost your confidence, but the work itself can also be highly fulfilling.

By volunteering with us you can:

- ◆ Give something back to the community
- ◆ Learn and develop new skills
- ◆ Utilise and improve existing skills
- ◆ Enhance your health and well-being
- ◆ Meet new people and develop lasting contacts
- ◆ Work as part of a friendly and committed team

Volunteering with us

We are fortunate to have a dedicated pool of volunteers who work extremely hard alongside staff members to deliver services and ensure smooth running of the organisation to help us achieve our goals.

To volunteer with us you must be **aged 18 or over** and be prepared to undergo a CRB check.

" I volunteer 5 days a week to help out with the busy breakfast 'drop-in' session. I like volunteering at SIFA Fireside as it keeps me young, and I enjoy the company of clients, staff and other volunteers who value me for the work I do. If I didn't volunteer at SIFA Fireside, I'd be bored and growing old a bit too gracefully!"

- **Mary**



Volunteer Opportunities

We continuously recruit for volunteers to complement our workforce and deliver services to those who are socially excluded. Some of the roles which we have recruited volunteers for in the past include;

-  Assisting on our **Allotment**
-  Assisting with **activity groups**
-  Sorting out harvest festival and other **donations**
-  Operating the **clothes store**
-  Assisting in the **kitchen**
-  **Fundraising & events**
-  **Office help**

Please check our website for up to date vacancies;

<http://www.sifafireside.co.uk/volunteering.php>



Unity Trust bank volunteering at our allotment