



'Supporting independence from alcohol and tackling homelessness'

Outreach Project

- We can offer information around alcohol issues to men and women aged 18+
- Provide advice on alcohol, its effects on health and day to day living.
- Offer practical advice on planning alcohol reduction.
- Access to Individual support planning.
- Deliver structured alcohol support groups.
- Undertake assessments with individuals, couples and Families.
- Sign-post to social activities in the community.

We are a small friendly team with a flexible approach to raising awareness of alcohol issues and the support available. If you are worried or have concerns around alcohol and would like to know more about our project please contact;

Winston Maye (Alcohol Practitioner) : 07876 034471
Derek Sparkes (Alcohol Support Worker) : 07876 020405
Eleni Kypridemos (Alcohol Practitioner) : 07876 020330

Or telephone: 0121 666 7023 (SIFA Fireside) or 0121 449 8877 (Bordeshale House)