

Health packs for the Homeless | Health packs for the Homeless | Health packs for the Homeless

Good Health Da

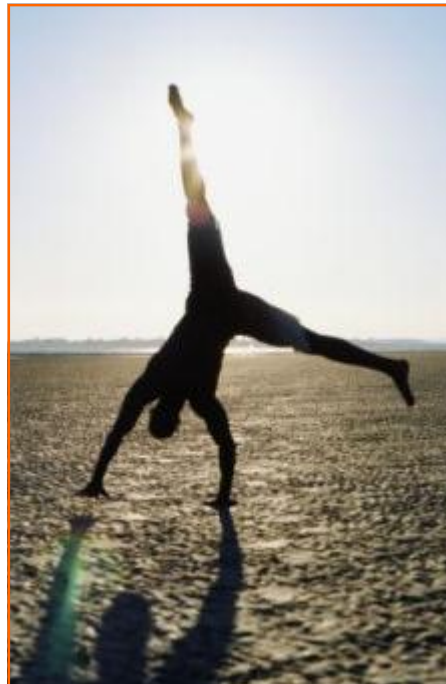
10am - 3pm

24th November



Get free help and advice &
Pick up your free waterproof health pack

Free food
&
a cooking
demonstration
from
ChangeKitchen



Blood Pressure
checks
from the
Health
Xchange
nurses

Complementary
therapies

Exercise tips
From IWIC

And much more!



122 Pershore St, B'ham, B5 6PA
Tel: 0121 666 7023

This is a FREE event, sponsored by:

