

The step by step effects of alcohol on the brain

1. Thinking

- Loss of inhibitions
- Loss of judgement

2. Speaking

- Slurred speech

3. Moving

- Slowed reaction at around 80mg% alcohol to blood (legal driving limit)

4. Hearing

- Effect on ears resulting in loss of balance or inability to stand

5. Seeing

- Impaired vision
- Vomiting likely

6. Breathing

- Respiratory failure
- Coma
- Death possible at around 450-500m alcohol to blood

