

## Drop in services are changing.

Breakfast 9 – 10am  
Lunch 12 - 1pm

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Monday,  
Wednesday and  
Thursday morning  
activities will be  
at Lower Essex  
Street.

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The Tuesday and  
Friday clothes  
store will remain at  
Persnore Street at  
11.15am

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From Monday 26<sup>th</sup> of April  
2010 both the breakfast  
and the lunch drop in will  
be run from Lower Essex  
Street.

The drop in will remain  
open from 9am – 1pm  
and tea and coffee will  
be available throughout.

If you have any questions  
speak to a member of  
staff.

The afternoon activities will run in the  
advertised locations – please check the  
noticeboards at Lower Essex St